

2024 IMPACT REPORT



EXECUTIVE DIRECTOR'S LETTER

In a year when many doors closed in Haiti, you helped us open ours even wider.

Because of you, more patients received care than ever before. More mothers received prenatal care, and more children went home with life-saving vitamins. More families, many of whom have been coming to FOTCOH for years, felt the peace of being cared for with dignity and consistency.

You helped us show up more often, expand care, and deepen our impact for patients who count on us.

With your help, we managed over 13,000 patient visits in 2024, expanded our dental program by hiring a second dentist to meet growing demand, and deepened support in early childhood health, breastfeeding education, and chronic care.

As we look to the year ahead, we're not just holding the line, we're building. For the next child suffering from a chronic skin infection. For the next mother who walks hours with a toothache, hoping for relief. For the next 1,000 days of a baby's life. And for a healthier, more hopeful Haiti.

With gratitude and resolve,

Nathan Ruby, Executive Director

"I had given up.

The medicine was too expensive and too hard to find. But at FOTCOH, I got the care I needed to survive."

— MARIO, 55, PORT-AU-PRINCE

When Mario arrived, his blood sugar was 424, and his body was shutting down. He made the difficult trip from Port-au-Prince after years of struggling to manage his diabetes and high blood pressure with little access to medication. The cost was crushing, and pharmacies were often empty. Eventually, he was forced to stop treatment altogether.

Our team stabilized him with urgent treatment and gave him something he hasn't had in years: a plan, follow-up, and access to care he can count on.

YOUR IMPACT IN 2024

 **Total Patient Visits: 13,099**

Urgent Care: 2,397

Vital Health Clinic: 7,671

Women's Health Initiative: 2,599

Dental Clinic: 2,942

Surgeries: 89

WASH: 15,368*

* people impacted in 2024 from filters distributed in 2021-2023

WATER, SANITATION, AND HYGIENE

WASH PROGRAM:



96.4% of the respondents said their filters are still in use.



100% claimed that their families' health has improved since obtaining a filter.



STARTING STRONG:

Care for the First 1,000 Days

When mothers arrive at the FOTCOH clinic with babies in their arms, they seek answers, support, and care they can trust. The first 1,000 days, from pregnancy through a child's second birthday, are **the most critical window for brain development, immune strength, and lifelong health.** In Haiti, where healthcare access is so limited, these early months are often filled with risk.

That's why FOTCOH's Women's Health Initiative focuses on **early prevention, education, and nutrition support** before problems escalate. In 2024, 1,051 infants and young children received essential micronutrient drops and routine checkups. For many mothers, it was the first time they received information about breastfeeding, growth milestones, or how nutrition impacts long-term development.

Because of your support, these babies are starting life on a stronger footing, and their mothers are leaving with the confidence and tools to keep them healthy.

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Support our Work



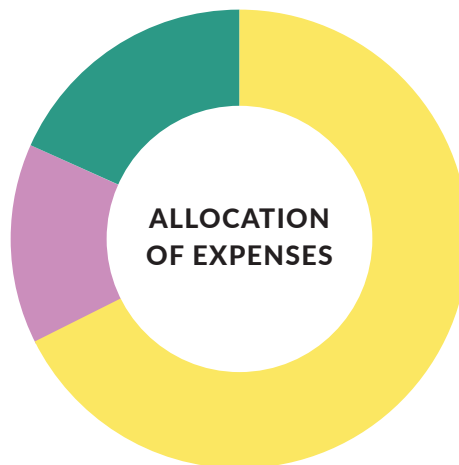
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FINANCIALS



- Programs \$569,378
- Operations \$61,619
- Fundraising \$128,660

TOTAL REVENUE

