

Thank You For Your Donations Through Amazon Smile!

It was Christmas in August at the FOTCOH office in Morton. We received a huge Amazon box full of our most in-demand items needed for a clinic! Whoever you are, we cannot thank you enough for your thoughtfulness and a most generous donation! We are overwhelmed by your support!



FOTCOH Name _____
FRIENDS OF THE CHILDREN OF HAITI Address: _____

Please mail to: **FOTCOH**
PO BOX 789
Peoria, IL 61652

YES! I would like to make a donation to FOTCOH \$ _____

I would like to pay by check (enclosed). \$ _____

I would like to pay by credit card.

Credit Card Number: _____

Expiration Date: _____ 3 digit Security code: _____

Signature: _____

Please send me information about leaving a legacy gift with FOTCOH through my will or bequest.

Please send me additional information about FOTCOH to share with friends, family, and my community.

Please update my information:

Phone Number: _____

Email Address: _____

A Long Time Suffering in Haiti

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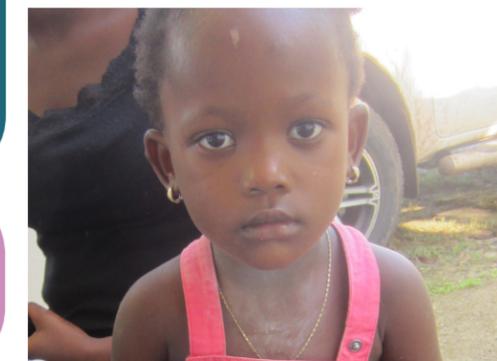
Dr. Pat Renick, IL

In Haiti, often people have no place to go when they get injured or become sick. Sometimes it is because they do not have money to afford treatment – money that is often required up front to see a doctor. Other times, it is because there are no doctors available. According to the World Bank, there is only one doctor for every 1,000 patients in Haiti. The country's weak healthcare systems mean that Haitians often suffer for long periods of time when they are injured.

Today we hear from Dr. Amy Dale Wren, who treated patients at the FOTCOH clinic along with the rest of the May 2018 Medical Team. Dr. Wren recalled:

"During the clinic, your day is filled with patients that have many small problems that seem insurmountable due to their lack of resources. Occasionally, you meet some with catastrophic problems. One of those patients came into my life today. A beautiful 7-year-old girl came in with terrible 3rd-degree burns to her head, arm, chest, and knee. These wounds occurred when either a power line from Haiti's rickety power grid fell onto her while she was playing or fell onto a metal clothesline near where she was playing. She has been suffering from these wounds with no medical care for eight days and has long months of healing and potential infections ahead of her. Thankfully, FOTCOH was here to provide wound care and some pain control, if only briefly. The greater injury to her was that her twin sister was also hit by the wire and was killed."

Tragedy is an unfortunate part of life for so many people in Haiti. We are incredibly grateful for our volunteers, like Amy, and all of our donors and supporters who help ensure that we can help some of the most vulnerable people in the world.



Executive Director
Nathan Ruby, IL

Rotary Speaker Honors Smith's Pharmacist Katie Fry

Nathan Ruby, Executive Director of FOTCOH, recently spoke at the Rotary Club of Los Alamos, New Mexico. Nathan talked about the important work that FOTCOH is doing in Haiti, as well as acknowledged the exceptional volunteer work of Smith's Los Alamos Marketplace pharmacist Katie Fry. Katie travels regularly to Haiti to dispense medications at the FOTCOH clinic and was nominated in 2017 at the national level for Smith's Community Service Award.

Congratulations, Katie! Thank you for all that you do for FOTCOH!



Maxeau and Medjine pictured with clinic manager,

Introducing Our WaSH Agents, Maxeau & Medjine!

We are very proud to introduce our newly trained Haitian staff members, Maxeau and Medjine, who will be leading our WaSH (water, sanitation, and hygiene) Program in Haiti. Maxeau has been working at the FOTCOH clinic as an interpreter for the medical clinics, and Medjine is new to the FOTCOH staff.

Welcome and thank you for your dedication to our mission!

Made With Love for the Children of Haiti

We recently received a very sweet and special donation of adorable, handmade bears from Ashley Webb, the daughter of the late Tim Kellstadt. Tim was a long-time volunteer of FOTCOH who passed away in 2015. Tim worked tirelessly at the FOTCOH clinic during our medical missions in triage, and his passion and dedication for the Haitian people were unyielding.

This year, Ashley hosted a birthday party for her daughters in which they made bears to give the children who visit our clinic in Haiti and even attached notes for the kids. Thanks for all that you do to help children in Haiti, Ashley and the entire



MARK YOUR CALENDARS!

2019 Medical Clinic Dates

January Medical Team:

Two-week option: January 12-25

One-week option: January 12-20

March Medical Team:

Two-week option: March 9-22

One-week option: March 9-17

May Medical Team:

Two-week option: May 4-17

One-week option: May 4-12

July Medical Team:

One Week only: July 13-21

September Medical Team:

Two-week option: September 7-20

One-week option: September 7-15

November Medical Team:

Two-week option- November 9-22

One-week option - November 9-17

Plumpy Nut To the Rescue

Dr. Steve Trainor, who was with the September Medical Team in Haiti, wrote about the importance of our Medika Mamba Program:

"Similien is a nine-month-old girl who was brought into the clinic today by her grandmother. The mother died a week after giving birth to the baby, and the grandmother has struggled to provide food for her. I offered her a bottle of formula but Similien didn't know how to drink from a bottle; her grandmother had been feeding her from a cup with whatever food she could find, which was most often pea soup.

Since Similien only weighed 7 lbs. 4 oz., I wanted to get her onto our Medika Mamba Program as soon as possible. Medika Mamba, also known as Plumpy Nut, is a peanut butter medication that provides malnourished infants and toddlers with the vitamins and calories they need to gain weight quickly. Similien will continue to take the Plumpy Nut every two weeks and be reevaluated at the clinic by our Haitian staff after we are gone. The Plumpy Nut will continue to provide her with her nutritional need and allow her to grow and survive in a challenging environment while growing up in Haiti."

Thank you Steve, and thank you to all our donors who contribute to FOTCOH to ensure that we can continue our Medika Mamba Program!



Rena's Beads Are Making a Huge Difference For Our Patients

For the last 7 years, Rena Wainscott, who lives in Downers Grove, Illinois, has been making beaded jewelry to help support FOTCOH's work in Haiti. Rena is the mother-in-law of FOTCOH volunteer and Oral Surgeon, Steve Doran. To help our mission, Rena decided to create beautiful necklaces and with the help of her daughter Joy she sells the jewelry and donates 100% of the proceeds to FOTCOH. Rena has been an incredible fundraiser for us and we are so grateful for all of her efforts to bring healthcare to the Haitian people. Thank you, Rena!



Our Matching Gift Appeal Raised Nearly \$40,000

We are excited to report that the July FOTCOH Matching Gift Appeal was a huge success! Thanks to you, we surpassed our goal of \$30,000 and ended our campaign with a total of \$39,570.

We can't thank you enough for your contributions and continued support of FOTCOH. We truly could not provide life-saving health care to the people of Haiti without you.

With Gratitude, Nathan Ruby



We would love to communicate with you via email in order to keep costs down.

Please provide your current email address:

and your name: _____

Clip this and mail to PO Box 789, Peoria, IL 61652 or Email your info to info@fotcoh.org